**Niko’s Wrap**

$7.50 | 690-870 cal

Includes: two fried eggs

**CHOOSE ONE**
- Pita 230 cal
- Tortilla 310 cal

**CHOOSE ONE**
- Bacon 120 cal
- Sausage 180 cal
- Ham 60 cal
- Gyro Meat 100 cal

*ADD $1.00*

**CHOOSE ONE**
- Feta 75 cal
- American 70 cal

**CHOOSE ONE**
- Tzatziki 50 cal
- Hot Sauce 0 cal

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**Hercules Wrap**

$9.00 | 1055-1105 cal

Includes: two fried eggs, green peppers, onions, home fries, American cheese, feta cheese, sausage, bacon, ham, and gyro meat in a tortilla

**CHOOSE ONE**
- Tzatziki 50 cal
- Hot Sauce 0 cal

---

**Adonis Wrap**

$6.00 | 500-755 cal

Includes: two fried eggs, green peppers, onions and home fries

**CHOOSE ONE**
- Pita 230 cal
- Tortilla 310 cal

**CHOOSE ONE**
- Bacon 120 cal
- Sausage 180 cal
- Ham 60 cal
- Gyro Meat 100 cal

*ADD $1.00*

**CHOOSE ONE**
- Tzatziki 50 cal
- Hot Sauce 0 cal

---

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional information is available upon request.
# Lunch & Dinner

## Souvlaki on Pita
- **Price**: $8.50 | 515-550 cal
- **Includes**: tomatoes, red onions, and tzatziki
- **Choose One**
  - Chicken: 217 cal
  - Pork: 250 cal

## Gyro on Pita
- **Price**: $9.00 | 500 cal
- **Includes**: a classic mix of lamb & beef with tomatoes, onions and tzatziki

## Extras
- Cheese: $0.75 | 70-75 cal
- Tzatziki Sauce: $1.00 | 50 cal
- Fries on the Inside: $0.75 | 50 cal

ADD: Lettuce & Cucumbers or SUBSTITUTE: a Tortilla for no additional cost.

---

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### Lunch & Dinner

#### Traditional Greek Salad

$6.50 | 740 cal

**ADD ON OPTIONS**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Calories</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken</td>
<td>$4.00</td>
<td>217 cal</td>
</tr>
<tr>
<td>Pork</td>
<td>$4.00</td>
<td>250 cal</td>
</tr>
<tr>
<td>Gyro Meat</td>
<td>$5.00</td>
<td>200 cal</td>
</tr>
<tr>
<td>Falafel</td>
<td>$4.00</td>
<td>260 cal</td>
</tr>
</tbody>
</table>

#### The Vegetarian

$7.50 | 380-620 cal

*Includes: lettuce, tomatoes, red onions, roasted red peppers & cucumbers.*

**CHOOSE ONE**

- Pita 230 cal
- Tortilla 310 cal

**CHOOSE ONE**

- Falafel 260 cal
- Portobello Mushroom 100 cal

#### Sides

<table>
<thead>
<tr>
<th>Item</th>
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<tbody>
<tr>
<td>Fries</td>
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<tr>
<td>Greek Fries</td>
<td>$3.00</td>
<td>275 cal</td>
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<tr>
<td>Hummus with Pita</td>
<td>$5.50</td>
<td>214-430 cal</td>
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<tr>
<td>Tzatziki with Pita</td>
<td>$5.50</td>
<td>255 cal</td>
</tr>
<tr>
<td>Baklava</td>
<td>$3.00</td>
<td>310 cal</td>
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</table>

**FOUNTAIN BEVERAGES**

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<tr>
<th>Size</th>
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<th>Calories</th>
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</thead>
<tbody>
<tr>
<td>Medium</td>
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<td>0-290 cal</td>
</tr>
<tr>
<td>Large</td>
<td>$2.49</td>
<td>0-460 cal</td>
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</tbody>
</table>

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